

Musselburgh to Prestonpans on the John Muir Way



Start: Fisherrow Harbour
Finish: Morrison's Haven
Distance: 6 Km / 4 Miles (one way)
Time: 1 ½ - 2 hours
Terrain: Mostly well-surfaced paths and pavements

Directions: From Fisherrow Harbour follow the signposts for the John Muir Way along the promenade and around the river mouth to cross the pedestrian bridge. Turn left following the river downstream until another sign at the end of the road. Follow the path across the playing field to reach the perimeter sea wall. Continue along the adjacent track for approximately 2 Km until a sign points inland across a grassy meadow; follow this, turn left before Ravenshaugh Road; follow signs for the John Muir Way into Prestonpans.

Points of Interest:

- 1. Fisherrow Harbour** – a late medieval harbour with possible Roman origins.
- 2. River Esk mouth** – habitat and roosting area for waders, such as oystercatchers and other birds including mute swans.
- 3. Musselburgh Racecourse** – a venue for horse racing since 1816.
- 4. Musselburgh Links** – reputed to be the oldest playing golf course in the World. Mary Queen of Scots reputedly played golf here in 1567.
- 5. Levenhall Links**– 134 hectares of reclaimed land widely recognised as being one of the best places to watch birds on the Scottish mainland.
- 6. Prestongrange Industrial Heritage Museum** – site of former colliery and where the industrial heritage of Prestonpans is interpreted. A site of industrial heritage since the 13th century.
- 7. Morrison's Haven** – historic harbour, now disused, but originally established by the monks of Newbattle Abbey in 1526.

Public Transport: Regular coastal bus service. Rail stations at Musselburgh, Wallyford and Prestonpans.

Local Services: There are shops, places to eat and public toilets at Musselburgh and Prestonpans.

