

Musselburgh and Fisherrow Circular

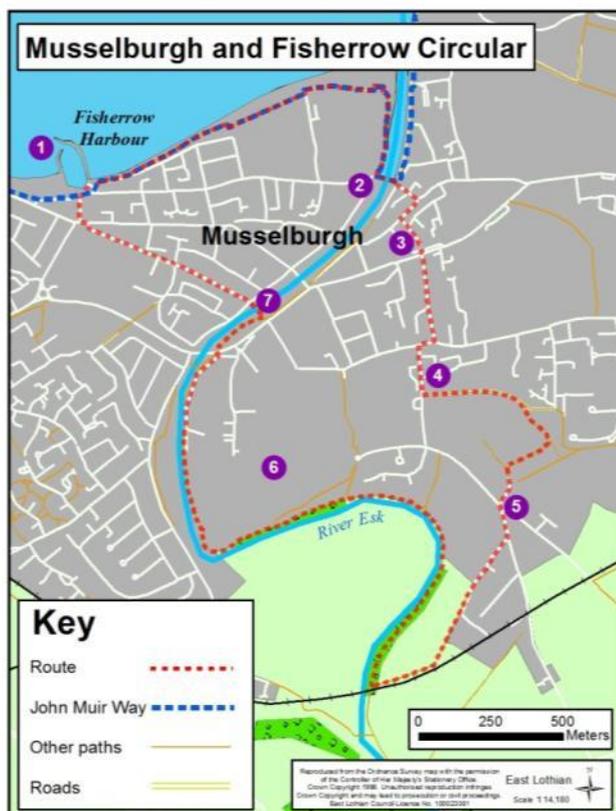
Start and finish: Fisherrow Harbour
Distance: 8km / 5 miles
Time: 2 – 2½ hours
Terrain: Mostly well-surfaced paths and pavements, some steps with one section on a farm track.



Description: A short town walk passing many historic sites, and the tranquillity of the River Esk Path. Great views over the Firth of Forth towards Edinburgh and Fife.

Directions: From Fisherrow Harbour follow the signposts for the John Muir Way along the promenade and around the west side of the mouth of the River Esk. Cross the first bridge and continue straight ahead along James Street, turning right at Mill Hill, then left at Kerr's Wynd to join the High Street. Cross at the pedestrian crossing and continue up Newbigging; turn right at Inveresk Road, then almost immediately turn left up Inveresk Brae. Enter Lewisvale Park on the left shortly after. After passing the bandstand look out for a black signpost on the right. Ascend the steps here following sign for the cricket pitches and follow the path around the fields. Exit the park to come out on Double Dykes. Cross over Inveresk Village Road, turn left then right to enter Wedderburn Terrace.

A path at the end of the street leads to the River Esk. Once at the riverside turn right heading back into Musselburgh. Leave the path at Eskmills Park and cross Mall Avenue to follow the river downstream. Cross the Esk by the Roman Bridge and continue along Market Street until North High Street is reached; use the crossing to reach the starting point at Fisherrow harbour.



Points of interest:

- 1. Fisherrow Harbour** – a late medieval harbour with possible Roman origins.
- 2. River Esk** – habitat and roosting area for waders, such as oystercatchers and other birds including mute swans.
- 3. Musselburgh Tolbooth** – its prominent clock was a gift to the people of Musselburgh from 'the Dutch states' in 1496.
- 4. Lewisvale Park** – an Edwardian public park dating from 1911.
- 5. Inveresk Village** – a delightful conservation village. Location of the National Trust for Scotland's Inveresk Lodge Garden.
- 6. Roman Inveresk** – a prominent fort between 142 and 163AD.
- 7. Roman Bridge** – dating from the 16th century, it is reputed to be built over a Roman foundation.

Public transport: There are regular bus and rail services to Musselburgh.

Local Services: Musselburgh is well served with shops and restaurants.