



John Muir Link Dunbar to Thorntonloch

Start:	Dunbar Harbour
Finish:	Thorntonloch
Distance:	12 km / 7½ miles
Time:	4 hours
Terrain:	A mixture of grass paths, tracks and pavements.

Directions: Starting at Dunbar Harbour walk down Lammer Street, following the John Muir Link

signs. Continue along East Links Road and turn left at the end. At the entrance to Dunbar Golf Club continue along the esplanade on the seaward side of the wall, emerging before the club house. For the next 2 kilometres the path follows the edge of the golf course. Please take care and look out for golfer about to play a shot. This is a very narrow course, so shots can be coming from both directions. Beyond the golf course continue past Whitesands beach to Barns Ness. The grass path continues to the Dry Burn, where you cross a bridge and then on to Skateraw. After that, the path follows the walkway around Torness Power Station to reach the car park at Thorntonloch. Choices here are to walk up to the A1 to catch a bus back to Dunbar, retrace your steps, or continue the next 6 kilometres along the coast to Cockburnspath.

Points of interest:

- 1. Dunbar's Harbours** – Much to see at the Cromwell and Victoria Harbours, Dunbar Castle and the Battery.
- 2. Broxmouth Estate** – Said to be the site of Oliver Cromwell's headquarters during the Battle of Dunbar in 1650, the current house was built for the Duke of Roxburghe in 1775.
- 3. Whitesands** – An attractive beach with fine golden sand.
- 4. Barns Ness** – A great section of the coast for those interested in geology. The lighthouse was built in 1901, designed by D A Stevenson.
- 5. Skateraw** – an old harbour dating from the 1800s, used to export lime and import coal. 19th Century lime kiln.
- 6. Torness Power Station** – This nuclear power station, built in the 1980s, supplies electricity to over 2 million homes.

Public transport: Buses run between Dunbar and Berwick Upon Tweed along the A1.

Local Services: Dunbar has a variety of shops and cafes to allow you to stock up for your walk. Toilets in Dunbar and seasonal toilets at Whitesands, Barns Ness and Thorntonloch.

