

Aberlady to Gullane on the John Muir Way

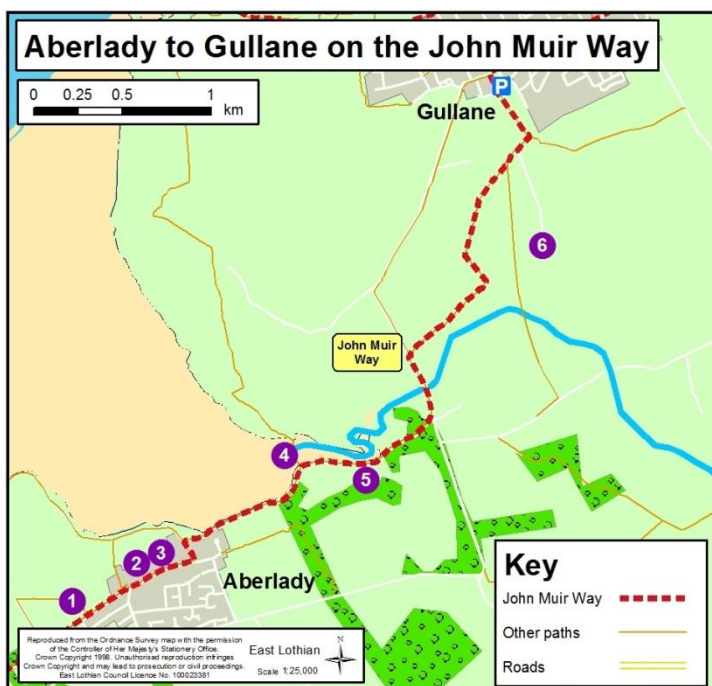


Start: Aberlady
Finish: Gullane
Distance: 5 km / 3 miles (one way)
Time: 1½ - 2 hours (one way)
Terrain: Well surfaced paths and pavements.

Directions: From the church on Aberlady's Main Street head east along the pavement out of the village following the John Muir Way. After approximately 1¼ miles / 2km the John Muir Way crosses the main road. Cross the road carefully here and go through the pedestrian gate. Continue on the John Muir Way until you meet the track from Saltcoates Farm. Continue on this into Gullane for food and refreshments or for the bus back to the start.

Points of interest:

- 1. Scottish Ornithologists' Club, Waterston House** – the headquarters of the SOC, which holds the largest library of bird literature in Scotland.
- 2. Aberlady Church** – The tower dates from the 15th Century and is reputed to be on the site of a much earlier Celtic church.
- 3. 'Loupin on Stane' and Mercal Cross** – dating from the 18th Century.
- 4. Aberlady Bay** – the Royal Burgh of Haddington's port, which was established here in 1149. The Bay is also a haven for thousands of waders and wildfowl.



- 5. Luffness House** – late 16th Century tower house and doocot possibly on the site of 14th Century fortification. Formerly the site of Carmelite Friary first mentioned in 1335-6, but may have been founded in the previous century.
- 6. Saltcoats Castle (no access)** – a late 16th Century fortified tower with doocot.

Public transport: Regular bus service to Aberlady and Gullane.

Local Services: There are shops, cafes, restaurants and public toilets in Aberlady and Gullane.